

Birth to Five- Personal, Social and Emotional

	Making Relationships	Sense of Self	Understanding Emotions
<p>Range 1</p> <p>Birth- 6 months 6-12 months</p>	<ul style="list-style-type: none"> Enjoys the company of others and seeks contact with others from birth Shows their readiness to be social through using their sensory abilities, following movement, and gazing at faces intently Moves body, arms, and legs and changes facial expression in response to others, e.g., sticking out tongue, opening mouth and widening eyes Responds to what carer is paying attention, e.g., following their gaze Distinguishes between people, recognising the look, sound, and smell of their close carer They will usually calm, smile or reduce crying when they hear their carers'/parent's voice, or smell their clothing, for example Holds arms up to be picked up and cuddles and is soothed by physical touch such as being held, cuddled, and stroked Begins to display attachment behaviours such as wanting to stay near and becoming upset when left with an unfamiliar person Becomes wary of unfamiliar people or people they have not seen for a while 	<ul style="list-style-type: none"> Learns about their physical self through exploratory play with their hands and feet and movement Is becoming aware of self as they imitate sounds and expressions that are mirrored back to them by close adults: laughing and gurgling during physical interactions Shows awareness of being a separate individual through initiating contact with others using voice, gesture, eye contact and facial expression and through secure-base behaviours Expresses awareness of their physical self through their own movements, gestures, and expressions and by touching their own and other's faces, eyes, and mouth in play and care events Shows growing confidence that their needs will be met by freely expressing their need for comfort, nourishment, or company 	<ul style="list-style-type: none"> Communicates a range of emotions (e.g., pleasure, interest, fear, surprise, anger, and excitement) through making sounds, facial expressions, and moving their bodies Expresses feelings strongly through crying in order to make sure that their needs will be met May whimper, scream and cry if hurt or neglected. If their needs are not responded to, they may become withdrawn and passive Seeks physical and emotional comfort by snuggling in to trusted adults Is affirmed and comforted by familiar carers through voice, physical presence, and touch, for example singing, cuddles, smiles or rocking Reacts emotionally to other people's emotions: smiling when smiled at and becoming distressed if they hear another child crying or see a blank unresponsive face
<p>Range 2</p> <p>6-12 months 12-18 months</p>	<ul style="list-style-type: none"> Draws others into social interaction through calling, crying, and babbling, smiling, laughing, and moving their bodies and limbs Shares interest and attention by looking to where the adult is looking, pointing, and using their gaze to direct the adult's attention to something Engages another person to help achieve a goal, e.g., to get an object out of reach Co-operates with care giving routines, such as dressing Builds relationships with special people 	<ul style="list-style-type: none"> Responds to their own name and enjoys finding own nose, eyes, or tummy as part of interactive games Shows an interest in their reflection in a mirror, although may not yet realise that their reflection is them Shows separation anxiety as they become more aware of themselves as separate individuals Shows an emerging autonomy through asserting choices and preferences such as different tastes and rejects things they do not want, for example by pushing them away 	<ul style="list-style-type: none"> Shows a wider variety of feelings, using crying, gestures, and vocalisations freely to express their needs Begins to become aware of their emotions as the connections in the brain that make feelings conscious grow and develop Uses a familiar adult to share feelings such as excitement and for 'emotional refuelling' when feeling tired or anxious Uses a comfort object, familiar others, routines, or spaces to soothe themselves, particularly when separated from their close carer

	<ul style="list-style-type: none"> ○ Displays attachment behaviours such as wanting to stay near to their close carers, checking where they are and protesting when separated ○ Is wary of unfamiliar people ○ Explores confidently when they feel secure in the presence of a familiar adult and is more likely to engage in new or challenging situations ○ Closely watches other's body language to begin to understand their intention and meaning ○ Is fascinated by other children, watching them, and interacting with them through offering toys, food etc, and by reaching for objects that another has 	<ul style="list-style-type: none"> ○ Understands that their own voice and actions causes an effect on others, e.g., clapping hands starts a game ○ Shows growing self-confidence through playing freely and with involvement 	<ul style="list-style-type: none"> ○ Becomes more able to adapt their behaviour and increase their participation and co-operation as they become familiar with and anticipate routine ○ Explores the boundaries of behaviours that are accepted by adults and become aware of basic rules as they use their emerging agency and autonomy
<p>Range 3</p> <p>18-24 months</p>	<ul style="list-style-type: none"> ○ Explores the environment, interacts with others, and plays confidently while their parent/carer or key person is close by using them as a secure base to return to for reassurance if anxious or in unfamiliar situations ○ Shows empathy by offering comfort that they themselves would find soothing, i.e., their dummy ○ Enjoys playing alone and alongside others and is also interested in being together and playing with other children ○ Will often watch, follow, and imitate each other in their play and will experiment with influencing others, co-operating together, and resisting coercion in their interactions ○ Asserts their own ideas and preferences and takes notice of other people's responses ○ Will sometimes experience long periods of social engagement as overwhelming and may withdraw or collapse with frustration 	<ul style="list-style-type: none"> ○ Is aware of and interested in their own and others' physical characteristics, pointing to and naming features such as nose, hair, and eyes ○ Experiments with what their bodies can do through setting themselves physical challenges, e.g., pulling a large truck upstairs ○ Begins to use me, you, and I in their talk and to show awareness of their social identity of gender, ethnicity, and ability ○ Shows their growing sense of self through asserting their likes and dislikes, choices, decisions, and ideas. These may be different to those of the adult or their peers; often saying no, me do it or mine 	<ul style="list-style-type: none"> ○ Expresses positive feelings such as joy and affection and negative feelings such as anger, frustration, and distress, through actions, behaviours, and a few words ○ Experiences a wide range of feelings with great intensity, such as anger and frustration, which can be overwhelming and result in losing control of feelings, body and thinking ○ Is aware of others' feelings and is beginning to show empathy by offering a comfort object to another child or sharing in another child's excitement ○ Asserts their own agenda strongly and may display frustration with having to comply ○ with others' agendas and with change and boundaries
<p>Range 4</p> <p>24-36 months</p>	<ul style="list-style-type: none"> ○ Builds relationships with special people but may show anxiety in the presence of strangers ○ Is becoming more able to separate from their close carers and explore new situations with support and encouragement from another familiar adult ○ Shows some understanding that other people have perspectives, ideas and needs that are 	<ul style="list-style-type: none"> ○ Knows their own name, their preferences and interests and is becoming aware of their unique abilities ○ Is developing an understanding of and interest in differences of gender, ethnicity, and ability ○ Shows a sense of autonomy through asserting their ideas and preferences and making choices and decisions 	<ul style="list-style-type: none"> ○ Expresses the self-aware emotions of pride and embarrassment as well as a wide range of other feeling ○ Can feel overwhelmed by intense emotions, resulting in an emotional collapse when frightened, frustrated, angry, anxious, or overstimulated ○ Is becoming able to think about their feelings as their brain starts to develop the connections that help them manage their emotions

	<p>different to theirs, e.g., may turn a book to face you so you can see it</p> <ul style="list-style-type: none"> ○ Shows empathy and concern for people who are special to them by partially matching others' feelings with their own, e.g., may offer a child a toy they know they like ○ Is beginning to be able to cooperate in favourable situations, such as with familiar people and environments and when free from anxiety ○ Seeks out others to share experiences with and may choose to play with familiar friend or a child who has a similar interest 	<ul style="list-style-type: none"> ○ Experiments with their own and other people's views of they are through their play, through trying out different behaviours, and the way they talk about themselves ○ Is gradually learning that actions have consequences but not always the consequences the child hopes for 	<ul style="list-style-type: none"> ○ Seeks comfort from familiar adults when needed and distracts themselves with a comfort object when upset ○ Responds to the feelings of others, showing concern and offering comfort ○ May recognise that some actions can hurt or harm others and begins to stop themselves from doing something they should not do, in favourable conditions ○ Participates more in collective cooperation as their experience or routines and understanding of some boundaries grows
<p>Range 5 36-48 months</p>	<ul style="list-style-type: none"> ○ Seeks out companionship with adults and other children, sharing experiences and play ideas ○ Uses their experiences of adult behaviours to guide their social relationships and interactions ○ Shows increasing consideration of other people's needs and gradually more impulse control in favourable conditions, e.g., giving up a toy to another who wants it ○ Practices skills of assertion, negotiation and compromise and looks to a supportive adult for help in resolving conflict with peers ○ Enjoys playing alone, alongside and with others, inviting others to play and attempting to join others' play 	<ul style="list-style-type: none"> ○ Is becoming more aware of the similarities and differences between themselves and others in more detailed ways and identifies themselves in relation to social groups and to their peers ○ Is sensitive to others' messages of appreciation or criticism ○ Enjoys a sense of belonging through being involved in daily tasks ○ Is aware of being evaluated by others and begin to develop ideas about themselves according to the messages they hear from others ○ Shows their confidence and self-esteem through being outgoing towards people, taking risks, and trying new things or new social situations and being able to express their needs and ask adults for help 	<ul style="list-style-type: none"> ○ Expresses a wide range of feelings in their interactions with others and through their behaviour and play, including excitement and anxiety, guilt, and self-doubt ○ May exhibit increased fearfulness of things like the dark or monsters etc and possibly have nightmares ○ Talks about how others might be feeling and responds according to their understanding of the other person's needs and wants ○ Is more able to recognise the impact of their choices and behaviours/actions on others and knows that some actions and words can hurt others' feelings ○ Understands that expectations vary depending on different events, social situations, and changes in routine, and becomes more able to adapt their behaviour in favourable conditions
<p>Range 6 48-60 months 60-71 months</p>	<ul style="list-style-type: none"> ○ Represents and recreates what they have learnt about social interactions from their relationships with close adults, in their play and relationships with others ○ Develops friendships with other children, which help them to understand different points of view and to challenge their own and others' thinking ○ Is increasingly flexible and cooperative as they are more able to understand different points of view and to challenge their own and other' thinking 	<ul style="list-style-type: none"> ○ Recognises that they belong to different communities and social groups and communicates freely about own home and community ○ Is more aware of their relationships to particular social groups and sensitive to prejudice and discrimination ○ Shows confidence in speaking to others about their own needs, wants, interests and opinions in familiar group ○ Can describe their competencies, what they can do well and are getting better at, describing themselves in positive by realistic terms 	<ul style="list-style-type: none"> ○ Understand their own and other people's feelings, offering empathy and comfort ○ Talks about their own and others' feelings and behaviour and its consequences ○ Attempts to repair a relationship or situation where they have caused upset and can understand how their actions impact other people ○ Is more able to manage their feelings and tolerate situations in which their wishes cannot be met ○ Seeks support, 'emotional refuelling' and practical help in new or challenging situations ○ Is aware of behavioural expectations and sensitive to ideas of justice and fairness

	<ul style="list-style-type: none">○ Is increasingly flexible and cooperative as they are more able to understand other people's needs, wants and behaviours○ Is increasingly socially skilled and will take steps to resolve conflicts with other children by negotiating and finding a compromise: sometimes by themselves, sometimes with support○ Returns to the secure base of a familiar adult to recharge and gain emotional support and practical help in difficult situations○ Is proactive in seeking adult support and able to articulate their wants and needs○ Some children may have had to make different relationships in their life. This may have impacted on their understanding of what makes a consistent and stable relationship	<ul style="list-style-type: none">○ Has a clear idea about what they want to do in their play and how they want to go about it○ Shows confidence in choosing resources and perseverance in carrying out a chosen activity	<ul style="list-style-type: none">○ Seeks ways to manage conflict, for example through holding back, sharing, negotiation and compromise
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Birth to Five- Communication and Language

	Listening and Attention	Understanding	Speaking
<p>Range 1</p> <p>Birth- 6 months 6-12 months</p>	<ul style="list-style-type: none"> ○ Turns toward a familiar sound then locates range of sounds with accuracy ○ Listens to, distinguishes, and responds to intonations and sounds of voices ○ Reacts in interaction with others by smiling, looking, and moving ○ Quietens or alerts to the sound of speech ○ Looks intently at a person talking, but stops responding if speaker turns away ○ Listens to familiar sounds, words, or finger plays ○ Fleeting attention- not under child's control, new stimuli takes whole attention 	<ul style="list-style-type: none"> ○ Turns when hears own name ○ Starts to understand contextual clues, e.g., familiar gestures, words, and sounds 	<ul style="list-style-type: none"> ○ Communicates needs and feelings in a variety of ways including crying, gurgling, babbling, and squealing ○ Makes own sounds in response when talked to by familiar adults ○ Lifts arms in anticipation of being picked up ○ Practices and gradually develops speech sounds (babbling) to communicate with adults; says sounds like baba, no no, go-go ○ Points and looks to make requests and to share an interest
<p>Range 2</p> <p>6-12 months 12-18 months</p>	<ul style="list-style-type: none"> ○ Moves whole body to sounds they enjoy, such as music or a regular beat ○ Concentrates intently on an object or activity of own choosing for short periods ○ Pays attention to dominant stimulus- easily distracted by noises or people talking ○ Enjoys laughing and being playful with others 	<ul style="list-style-type: none"> ○ Is developing the ability to follow others' body language, including pointing and gesture ○ Responds to simple questions when in a familiar context with a special person (e.g., Where's Mummy? Where's your nose?) ○ Understanding of single words in context is developing, e.g., cup, milk, Daddy 	<ul style="list-style-type: none"> ○ Uses sounds in play, e.g., brrrrrm for toy car ○ Uses single words ○ Frequently imitate words and sounds ○ Enjoys babbling and increasingly experiments with using sounds ○ Uses words to communicate for a range or purposes (e.g., teddy, more, no, bye-bye) ○ Uses pointing with eye gaze, and then fingers or hands to make requests and to share an interest ○ Creates personal words as they begin to develop language
<p>Range 3</p> <p>18-24 months</p>	<ul style="list-style-type: none"> ○ Listens to and enjoys rhythmic patterns in rhymes and stories, trying to join in with actions or vocalisations ○ Enjoys rhymes and demonstrates listening by trying to join in with actions or vocalisations ○ Pays attention to own choice of activity, may move quickly from activity to activity 	<ul style="list-style-type: none"> ○ Understands different situations- able to follow routine events and activities using nonverbal cues ○ Selects familiar objects by name and will go and find objects when asked, or identify objects from a group ○ Understands simple sentences (e.g., throw the ball) 	<ul style="list-style-type: none"> ○ Copies familiar expressions, e.g., oh dear, all gone ○ Uses different types of everyday words (nouns, verbs, and adjectives, e.g., banana, go, sleep, hot) ○ Beginning to put two words together (e.g., want ball, more juice) ○ Beginning to ask simple questions ○ Beginning to talk about people and things that are not present ○ Uses gestures, sometimes with limited talk, e.g., reaches towards toy, saying want it

<p>Range 4</p> <p>24-36 months</p>	<ul style="list-style-type: none"> ○ Listens with interest to the noises adults make when they read stories ○ Recognises and responds to many familiar sounds, e.g., turning to a knock on the door, looking at or going to the door ○ Shows interest in play with sounds, songs, and rhymes ○ Single channelled attention: can shift to a different task if attention fully obtained- using name to help focus 	<ul style="list-style-type: none"> ○ Identifies action words by following simple instructions, e.g., show me jumping ○ Beginning to understand more complex sentences, e.g., put your toys away and then sit on the carpet ○ Understands who, what, where in simple questions (e.g., who's that? Who can? What's that? Where is?) ○ Developing understanding of simple concepts (e.g., fast/slow, good/bad) 	<ul style="list-style-type: none"> ○ Uses language to share feelings, experiences, and thoughts ○ Holds a conversation, jumping from topic to topic ○ Learns new words very rapidly and is able to use them in communicating ○ Uses a variety of questions (e.g., what, where, who) ○ Uses longer sentences (e.g., Mummy gonna work) ○ Beginning to use word endings (e.g., going, cats)
<p>Range 5</p> <p>36-48 months</p>	<ul style="list-style-type: none"> ○ Listens to others in one-to-one or small groups when conversation interests them ○ Listens to familiar stories with increasing attention and recall ○ Joins in with repeated refrains and anticipates key events and phrases in rhymes and stories ○ Focusing attention- can still listen or do, but can change their own focus of attention ○ Is able to follow directions (if not intently focused) 	<ul style="list-style-type: none"> ○ Understands use of objects (e.g., which one do we cut with?) ○ Shows understanding of prepositions such as under, on top, behind by carrying out an action or selecting correct picture ○ Responds to instructions with more elements, e.g., give the big ball to me; collect up all the blocks and put them in the box ○ Beginning to understand why and how questions 	<ul style="list-style-type: none"> ○ Beginning to use more complex sentences to link thoughts (e.g., using and, because) ○ Able to use language in recalling past experiences ○ Can retell a simple past event in correct order (e.g., went down slide, hurt finger) ○ Uses talk to explain what is happening and anticipate what might happen next ○ Questions why things happen and gives explanations. Asks e.g., who, what, when, how ○ Beginning to use a range of tenses (e.g., play, playing, will play, played) ○ Continues to make some errors in language (e.g., runned) and absorb/use language they hear around them in their community and culture ○ Uses intonation, rhythm and phrasing to make the meaning clear to others ○ Talks more extensively about things that are of particular importance to them ○ Builds up vocabulary that reflects the breadth of their experiences ○ Uses talk in pretending that objects stand for something else in play e.g., this box is my castle
<p>Range 6</p> <p>48-60 months 60-71 months</p>	<ul style="list-style-type: none"> ○ Shows variability in listening behaviour; may move around and fiddle but still be listening or sit still but not absorbed by activity ○ May indicate two-channelled attention, e.g., paying attention to something of interest for short or long periods; can both listen and do for short span 	<ul style="list-style-type: none"> ○ Understands a range of complex sentence structure including negatives, plurals, and tense markers ○ Beginning to understand humour, e.g., nonsense rhymes, jokes ○ Able to follow a story without pictures/props ○ Listens and responds to ideas expressed by others in conversations or discussion ○ Understands questions such as who; why; when; where and how 	<ul style="list-style-type: none"> ○ Extends vocabulary, especially by grouping and naming, exploring the meaning and sounds of new words ○ Uses language to imagine and recreate roles and experiences in play situations ○ Links statements/sticks to a main theme/intention ○ Uses talk to organise, sequence, and clarify thinking, ideas, feelings, or events ○ Introduces a storyline or narrative in their play

Birth to Five- Mathematics

	Mathematics
<p>Range 1</p> <p>Birth- 6 months 6-12 months</p>	<ul style="list-style-type: none"> ○ Reacts to changes of amount when those amounts are significant (more than double) ○ Explores space when they are free to move, roll and stretch ○ Developing an awareness of their own bodies, that their body has different parts and where these are in relation to each other ○ Explores differently sized and shaped objects ○ Beginning to put objects of similar shapes inside others and take them out again ○ Shows interest in patterned songs and rhymes, perhaps with repeated action ○ Experience patterned objects and images ○ Begins to predict what happens next in predictable situations ○ Responds to size, reacting to very big or very small items that they see or try to pick up
<p>Range 2</p> <p>6-12 months 12-18 months</p>	<ul style="list-style-type: none"> ○ May be aware of number names through their enjoyment of action rhymes and songs that relate to numbers ○ Looks for things which have moved out of sight ○ Explores space around them and engages with position and direction, such as pointing to where they would like to go ○ Stacks objects using flat surfaces ○ Responds to change of shape ○ Attempts, sometimes successfully, to match shapes with spaces on inset puzzles ○ Joins in with repeated actions in songs and stories ○ Initiates and continues repeated actions ○ Shows an interest in objects of contrasting sizes in meaningful contexts ○ Gets to know and enjoys daily routine ○ Shows an interest in emptying containers
<p>Range 3</p> <p>18-24 months</p>	<ul style="list-style-type: none"> ○ Responds to words like 'lots' or 'more' ○ Says some counting words ○ May engage in counting-like behaviour, making sounds and pointing or saying some numbers in sequence ○ Uses number words, like one or two and sometimes responds accurately when asked to give one or two things ○ Enjoys filling and emptying containers ○ Investigates fitting themselves inside and moving through spaces ○ Pushes objects through different shaped holes, and attempts to fit shapes into spaces on inset boards or puzzles ○ Beginning to select a shape for a specific space ○ Enjoys using blocks to create their own simple structures and arrangements ○ Becoming familiar with daily routines ○ Joins in with and predicts what comes next in a story or rhyme ○ Beginning to arrange items in their own patterns, e.g., lining up toys ○ Shows an interest in size and weight ○ Explores capacity by selecting, filling, and emptying containers, e.g., fitting toys in a pram ○ Beginning to understand that things might happen now or at another time, in routines

<p>Range 4</p> <p>24-36 months</p>	<ul style="list-style-type: none"> ○ Beginning to compare and recognise changes in numbers of things, using words like more, lots or same ○ Begins to say numbers in order, some of which are in the right order (ordinality) ○ In everyday situations, takes or gives two or three objects from in a group ○ Beginning to notice numerals (number symbols) ○ Beginning to count on their fingers ○ Moves their bodies and toys around objects and explores fitting into space ○ Begins to remember their way around familiar environments ○ Responds to some spatial and positional language ○ Explores how things look from different viewpoints including things that are near or far away ○ Chooses puzzle pieces and tries to fit them in ○ Recognises that two objects have the same shape ○ Makes simple constructions ○ Joins in and anticipates repeated sound and action patterns ○ Is interested in what happens next using the pattern of everyday routines ○ Explores differences in size, length, weight, and capacity ○ Beginning to understand some talk about immediate past and future ○ Beginning to anticipate times of the day such as mealtimes or home time
<p>Range 5</p> <p>36-48 months</p>	<ul style="list-style-type: none"> ○ Compares two small groups of up to five objects, saying when there are the same number of objects in each group, e.g., you've got two, I've got two, same! ○ May enjoy counting verbally as far as they can go ○ Point of touches (tags) each item, saying one number for each item, using the stable order of 1,2,3,4,5 ○ Uses some number names and number language within play, and may show fascination with large numbers ○ Begin to recognise numerals 0-10 ○ Subitises one, two and three objects (without counting) ○ Counts up to five items, recognising that the last number said represents the total counted so far (cardinal principle) ○ Links numerals with amounts up to 5 and maybe beyond ○ Explores using a range of their own marks and signs to which they ascribe mathematical meanings ○ Through play and exploration, beginning to learn that numbers are made up (composed) of smaller numbers ○ Beginning to use understanding of number to solve practical problems in play and meaningful activities ○ Beginning to recognise that each counting number is one more than the one before ○ Separates a group of three or four objects in different ways, beginning to recognise that the total is still the same ○ Responds to and uses language of position and direction ○ Predicts, moves, and rotates objects to fit the space or create the shape they would like ○ Chooses items based on their shape which are appropriate for the child's purpose ○ Responds to both informal language and common shape names ○ Shows awareness of shape similarities and differences between objects ○ Enjoys partitioning and combining shapes to make new shapes with 2D and 3D shapes ○ Attempts to create arches and enclosures when building, using trial and improvement to select blocks ○ Creates their own spatial patterns showing some organisation or regularity ○ Explores and adds to simple linear patterns of two or three repeating items, e.g., stick, leaf (AB) or stick, leaf, stone (ABC) ○ Joins in with simple patterns in sounds, objects, games and stories dance and movement, predicting what comes next ○ In meaningful contexts, finds the longer or shorter, heavier, or lighter and more/less full of two items ○ Recalls a sequence of events in everyday life and stories

Range

6

48-60
months
60-71
months

- Uses number names and symbols when comparing numbers, showing interest in large numbers
- Estimates of numbers of things, showing understanding of relative size
- Enjoys reciting numbers from 0-10 (and beyond) and back from 10-0
- Increasingly confident at putting numerals in order 0-10 (ordinality)
- Engages in subitising numbers to four and maybe five
- Counts out up to 10 objects from a larger group
- Matches the numeral with a group of items to show how many there are (up to 10)
- Shows awareness that numbers are made up of (composed) of smaller numbers, exploring partitioning in different ways with a wide range of objects
- Begins to conceptually subitise larger numbers by substituting smaller groups within the number, e.g., sees six raisins on a plate as three and three
- In practical activities, adds one and subtracts one with numbers to 10
- Begins to explore and work out mathematical problems, using signs and strategies of their own choice, including (when appropriate) standard numerals, tallies and '+' or '-'
- Uses spatial language, including following and giving directions, using relative terms, and describing what they see from different viewpoints
- Investigates turning and flipping objects in order to make shapes fit and create models; predicting and visualising how they will look (spatial reasoning)
- May enjoy making simple maps of familiar and imaginative environments, with landmarks
- Uses informal language and analogies, (e.g., heart-shaped, and hand-shaped leaves), as well as mathematical terms to describe shapes
- Enjoys composing and decomposing shapes, learning which shapes combine to make other shapes
- Uses own ideas to make models of increasing complexity, selecting blocks needed, solving problems and visualising what they will build
- Spots patterns in the environment, beginning to identify the pattern 'rule'
- Chooses familiar objects to create and recreate repeating patterns beyond AB patterns and begins to identify the unit of repeat
- Enjoys tackling problems involving prediction and discussion of comparisons of length, weight, or capacity, paying attention to fairness and accuracy
- Becomes familiar with measuring tools in everyday experiences and play
- Is increasingly able to order and sequence events using everyday language related to time
- Beginning to experience measuring time with timers and calendars

Birth to Five- Literacy

	Reading	Writing
Range 1 Birth- 6 months 6-12 months	<ul style="list-style-type: none"> ○ Notices and engages with sounds and images in the environment ○ As part of sensory exploration, may touch and handle books and digital reading devices ○ Enjoys looking at books and other suitable printed or digital material with familiar people, and being read to 	<hr style="width: 100%;"/>
Range 2 6-12 months 12-18 months	<ul style="list-style-type: none"> ○ Handles books, printed and digital reading material with interest ○ Responds to sounds in the environment such as cars, sirens, and birds ○ Is interested in and explores the sounds made by banging and tapping familiar objects and simple instruments ○ Waves and taps arms, bounces, or stamps to simple rhythms in songs and rhymes ○ Notices pictures and symbols and beginning to recognise what they stand for in their familiar experiences 	<hr style="width: 100%;"/>
Range 3 18-24 months	<ul style="list-style-type: none"> ○ Is interested in and anticipates books and rhymes and may have favourites ○ Begins to join in with actions and sounds in familiar song and book sharing experience 	<ul style="list-style-type: none"> ○ Begins to understand the cause and effect of their actions in mark making ○ Knows that the marks they make are of value ○ Enjoys the sensory experience of making marks
Range 4 24-36 months	<ul style="list-style-type: none"> ○ Has some favourite stories, rhymes, songs, poems, or jingles ○ Repeats and uses actions, words, or phrases from familiar stories ○ Fills in the missing word or phrase in a known rhyme, story, or game. E.g., Humpty dumpty sat on a... ○ Begins to recognise familiar logos from children’s popular culture, commercial print, or icons for apps ○ Enjoys rhythmic and musical activity with percussion instruments, actions, rhymes, and songs, clapping along with the beat and joining in with words of familiar songs and nursery rhymes 	<ul style="list-style-type: none"> ○ Distinguishes between the different marks they make ○ Enjoys drawing and writing on paper, on screen and on different textures, such as in sand or playdough and through using touch-screen technology
Range 5 36-48 months	<ul style="list-style-type: none"> ○ Listens to and joins in with stories and poems when reading one-to-one and in small groups ○ Joins in with repeated refrains and anticipates key events and phrases in rhymes and stories ○ Begins to be aware of the way stories are structured, and to tell own stories ○ Talks about events and principal characters in stories and suggest how the story might end ○ Shows interest in illustrations and words in print and digital books and words in the environment ○ Recognises familiar words and signs such as own name, advertising logos and screen icons ○ Looks at and enjoys print and digital books independently 	<ul style="list-style-type: none"> ○ Makes up stories, play scenarios, and drawings in response to experiences, such as outings ○ Sometimes gives meaning to their drawings and paintings ○ Ascribes meanings to signs, symbols, and words that they see in different places, including those they make themselves ○ Includes mark making and early writing in their play ○ Imitates adults’ writing by making continuous lines of shapes and symbols (early writing) from left to right

	<ul style="list-style-type: none"> ○ Knows that print carries meaning and, in English, is read from left to right and top to bottom ○ Knows information can be relayed through signs and symbols in various forms (e.g., printed materials, digital screens, and environmental print) ○ Handles books and touch screen technology carefully and the correct way up with growing competence ○ Begins to navigate apps and websites on digital media using drop down menu to select websites and icons to select apps ○ Begins to develop phonological and phonemic awareness; shows awareness of rhyme and alliteration, recognises rhythm in spoken words, songs, poems, and rhymes, claps or taps the syllables in words during sound play, hears and says the initial sound in words 	<ul style="list-style-type: none"> ○ Attempts to write their own name, or others' names and words, using combination of lines, circles and cures or letter-type shapes ○ Shows an interest in letters on a keyboard, identifying the initial letter of their own name and other familiar words ○ Begins to make letter-type shapes to represent the initial sound of their name and other familiar words
<p>Range 6 48-60 months 60-71 months</p>	<ul style="list-style-type: none"> ○ Enjoys an increasing range of print and digital books, both fiction and non-fiction ○ Uses vocabulary and forms of speech that are increasingly influenced by their experiences of reading ○ Describes main story settings events and principal characters in increasing detail ○ Re-enacts and reinvents stories they have heard in their play ○ Knows that information can be retrieved from books, computers, and mobile digital devices ○ Is able to recall and discuss stories or information that has been read to them, or they have read themselves ○ Begins to recognise some written names of peers, siblings, or Mummy/Daddy for example ○ Begins to develop phonological and phonemic awareness; continues a rhyming string and identifies alliteration, hears, and says the initial sound in words, begins to segment the sounds in simple words and blend them together and knows which letters represent some of them, starts to link sounds to letters, naming and sounding the letters of the alphabet, begins to link sounds to some frequently used diagraphs, e.g., sh, th, ee ○ Begins to read some high frequency words, and to use developing knowledge of letters and sounds to read simple phonically decodable words and simple sentences ○ Engages with books and other reading materials at an increasingly deeper level, sometimes drawing on their phonic knowledge to decode words, and their knowledge of language structure, subject knowledge, and illustrations to interpret the text ○ Includes everyday literacy artefacts in play, such as labels, instructions, signs, envelopes, etc. 	<ul style="list-style-type: none"> ○ Enjoys creating texts to communicate meaning for an increasingly wide range of purposes, such as making greeting cards, tickets, lists, invitations and creating their own stories and books with images and sometimes with words, in print and digital formats ○ Gives meaning to the marks they make as they draw, write, paint and type using a keyboard or touch-screen technology ○ Begins to break the flow of speech into words, to hear and say the initial sound in words and may start to segment the sounds in words and blend them together ○ Starts to develop phonic knowledge by linking sounds to letters, naming, and sounding some of the letters of the alphabet, identifying letters and writing recognisable letters in sequence, such as in their own name ○ Using their developing phonic knowledge to write things such as labels and captions, later progressing to simple sentences

Birth to Five- Understanding the World

	People and Communities	The World	Technology
<p>Range 1</p> <p>Birth- 6 months 6-12 months</p>	<ul style="list-style-type: none"> ○ Starts to realise they influence people, e.g., as they laugh and smile so do the people they are with ○ Develops a sense of belonging to their family and their key carer ○ Recognises key people in their own lives 	<ul style="list-style-type: none"> ○ Moves eyes, then head, to follow moving objects ○ Reacts with abrupt change when a face or object suddenly disappears from view ○ Looks around with interest when in a room, garden, balcony, or park, visually scanning the environment for novel, interesting objects, and events ○ Smiles with pleasure at recognisable playthings ○ Repeats actions that have an effect, e.g., kicking or hitting a mobile or shaking a rattle 	<hr style="width: 100%;"/>
<p>Range 2</p> <p>6-12 months 12-18 months</p>	<ul style="list-style-type: none"> ○ Starts to realise they influence people, e.g., as they laugh and smile so do the people they are with ○ Develops a sense of belonging to their family and their key carer ○ Recognises key people in their own lives 	<ul style="list-style-type: none"> ○ Closely observes what animals, people and vehicles do ○ Watches toys being hidden and tries to find it, watches intently where a spider has scuttled away under the leaves ○ Looks for dropped objects ○ Becomes absorbed in combining objects, e.g., banging two objects or placing objects into containers ○ Knows things are used in different ways, e.g., a ball for rolling or throwing, a toy car for pushing 	<hr style="width: 100%;"/>
<p>Range 3</p> <p>18-24 months</p>	<ul style="list-style-type: none"> ○ Is curious about people and shows interest in stories about people, animals, or objects that they are familiar with, or which fascinate them ○ Is interested in photographs of themselves and other familiar people and objects ○ Enjoys stories about people and nature (birds, bees, snails, cats, dogs, etc) and is interested in photographs of themselves with these 	<ul style="list-style-type: none"> ○ Is curious and interested to explore new and familiar experiences in nature: grass, mud, puddles, plants, animal life ○ Explores objects by linking together different approaches: shaking, hitting, looking, feeling, tasting, mouthing, pulling, turning, and poking ○ Remembers where objects belong ○ Matches parts of objects that fit together, e.g., puts lid on teapot 	<ul style="list-style-type: none"> ○ Anticipates repeated sounds, sights, and actions, e.g., when an adult demonstrates an action toy several times ○ Shows an interest in toys with buttons, flaps and simple mechanisms and begins to learn to operate them
<p>Range 4</p> <p>24-36 months</p>	<ul style="list-style-type: none"> ○ Has a sense of own immediate family and relations and pets ○ In pretend play, imitates everyday actions and events from own family and cultural background, e.g., making and drinking tea, going to the barbers, being a cat, dog, or bird 	<ul style="list-style-type: none"> ○ Notices detailed features of objects in their environment ○ Can talk about some of the things they have observed such as plants, animals, natural and found objects 	<ul style="list-style-type: none"> ○ Seeks to acquire basic skills in turning on and operating some digital equipment ○ Operates mechanical toys, e.g., turns the knob on a wind-up toy or pulls back on a friction car ○ Plays with water to investigate 'low technology' such as washing and cleaning

	<ul style="list-style-type: none"> ○ Beginning to have their own friends ○ Learns that they have similarities and difference that connect them to, and distinguish them from, others 	<ul style="list-style-type: none"> ○ Enjoys playing with small world reconstructions, building on first-hand experiences, e.g., visiting farms, garages, train tracks, walking by river or lake 	<ul style="list-style-type: none"> ○ Uses pipes, funnels, and other tools to carry/transport water from one place to another
<p>Range 5</p> <p>36-48 months</p>	<ul style="list-style-type: none"> ○ Shows an interest in the lives of people who are familiar to them ○ Enjoys joining in with family customs and routines ○ Remembers and talks about significant events in their own experience ○ Recognises and describes special times or events for family or friends ○ Shows interest in different occupations and ways of life indoors and outdoors ○ Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family 	<ul style="list-style-type: none"> ○ Comments and asks questions about aspects of their familiar world such as the place where they live or the natural world ○ Talks about why things happen and how things work ○ Developing and understanding or growth, decay, and changes over time ○ Shows care and concern for living things and the environment ○ Begin to understand the effect their behaviour can have on the environment 	<ul style="list-style-type: none"> ○ Knows how to operate simple equipment, e.g., turns on CD player, uses a remote control, can navigate touch-capable technology with support ○ Shows an interest in technological toys with knobs or pulleys, real objects such as cameras, and touchscreen devices such as mobile phones and tablets ○ Shows skill in making toys work by pressing parts or lifting flaps to achieve effects such as sound, movements, or new images ○ Knows that information can be retrieved from digital devices and the internet ○ Plays with a range of materials to learn cause and effect, for example, makes a string puppet using dowels and string to suspend the puppet
<p>Range 6</p> <p>48-60 months 60-71 months</p>	<ul style="list-style-type: none"> ○ Enjoys joining in with family customs and routines ○ Talks about past and present events in their own life and in the lives of family members ○ Knows that other children do not always enjoy the same things, and is sensitive to this ○ Knows about similarities and differences between themselves and others, and among families, communities, cultures, and traditions 	<ul style="list-style-type: none"> ○ Looks closely at similarities, differences, patterns and change in nature ○ Knows about similarities and differences in relation to places, objects, materials and living things ○ Talks about the features of their own immediate environment and how environments might vary from one another ○ Makes observations of animals and plants and explains why some things occur, and talks about changes 	<ul style="list-style-type: none"> ○ Completes a simple program on electronic devices ○ Uses ICT hardware to interact with age-appropriate computer software ○ Can create content such as a video recording, stories, and/or draw a picture on screen ○ Develops digital literacy skills by being able to access, understand and interact with a range of technologies ○ Can use the internet with adult supervision to find and retrieve information of interest to them

Birth to Five- Expressive Arts and Design

	Creating with Materials	Being Imaginative and Expressive
Range 1 Birth- 6 months 6-12 months	<ul style="list-style-type: none"> ○ Experiments with a range of media- tools, materials, sound, and whole-body movement- through multi-sensory exploration 	<ul style="list-style-type: none"> ○ Responds to and engages with the world that surrounds them, e.g., sounds, movement, people, objects, sensations, emotions (their own and others)
Range 2 6-12 months 12-18 months	<ul style="list-style-type: none"> ○ Experiments with a range of media- tools, materials, sound, and whole-body movement- through multi-sensory exploration 	<ul style="list-style-type: none"> ○ Responds to and engages with the world that surrounds them, e.g., sounds, movement, people, objects, sensations, emotions (their own and others)
Range 3 18-24 months	<ul style="list-style-type: none"> ○ Continues to explore and experiment with an increasing range of media and movement through multi-sensory exploration and expression ○ Moves while singing/vocalising, whilst listening to sounds and music, while playing with sound makers/instruments ○ Mirrors and improvises actions they have observed, e.g., clapping or waving ○ Sings/vocalises whilst listening to music or playing with instruments/ sound makers ○ Notices and becomes interested in the transformative effect of their action on materials and resources 	<ul style="list-style-type: none"> ○ Expresses self through physical actions and sound ○ Pretends that one object represents another, especially when objects have characteristics in common ○ Creates sound effects and movements, e.g., creates the sound of a car, animals
Range 4 24-36 months	<ul style="list-style-type: none"> ○ Joins in singing songs ○ Creates sounds by rubbing, shaking, tapping, striking, or blowing ○ Shows an interest in the way sound makers and instruments sound and experiments with ways of playing them, e.g., loud/quiet, fast/slow ○ Experiments with ways to enclose a space, create shapes and represent actions, sounds and objects ○ Enjoys and responds to playing with colour in a variety of ways, for example combining colours ○ Uses 3D and 2D structures to explore materials and/or to express ideas 	<ul style="list-style-type: none"> ○ Uses everyday materials to explore, understand and represent their world- their ideas, interests, and fascinations ○ Begins to make believe by pretending using sounds, movement, words, objects Beginning to describe sounds and music imaginatively, e.g., scary music ○ Creates rhythmic sounds and movements

<p>Range 5</p> <p>36-48 months</p>	<ul style="list-style-type: none"> ○ Explores and learns how sounds and movements can be changed ○ Continues to explore moving in a range of ways, e.g., mirroring, creating own movement patterns ○ Enjoys joining in with moving, dancing and ring games ○ Sings familiar songs, e.g., pop songs, songs from TV programmes, rhymes, songs from home ○ Taps out simple repeated rhythms ○ Develops an understanding of how to create and use sounds intentionally ○ Continues to explore colour and how colours can be changed ○ Develops an understanding of using lines to enclose a space, and begins to use drawing to represent actions and objects based on imagination, observation, and experience ○ Uses various construction materials, e.g., joining pieces, stacking vertically and horizontally, balancing, making enclosures and creating spaces ○ Uses tools for a purpose 	<ul style="list-style-type: none"> ○ Uses movement and sounds to express experiences, expertise, ideas, and feelings ○ Experiments and creates movement in response to music, stories, and ideas ○ Sings to self and makes up simple songs ○ Creates sounds, movements, drawings to accompany stories ○ Notices what other children and adults do, mirroring what is observed, adding variations, and then doing it spontaneously ○ Engages in imaginative play based on own ideas or first-hand or peer experiences ○ Uses available resources to create props or creates imaginary ones to support play ○ Plays alongside other children who are engaged in the same theme
<p>Range 6</p> <p>48-60 months 60-71 months</p>	<ul style="list-style-type: none"> ○ Begins to build a collection of songs and dances ○ Makes music in a range of ways, e.g., plays with sounds creatively, plays along to the beat of the song they are singing or music they are listening to ○ Uses their increasing knowledge and understanding of tools and materials to explore their interests and enquiries and develop their thinking ○ Develops their own ideas through experimentation with diverse materials, e.g., light, projected image, loose parts, watercolours, powder paint, to express and communicate their discoveries and understanding ○ Expresses and communicates working theories, feelings and understandings using a range of art forms, e.g., movement, dance, drama, music, and the visual arts 	<ul style="list-style-type: none"> ○ Creates representations of both imaginary and real-life ideas, events, people, and objects ○ Initiates new combinations of movements and gestures in order to express and respond to feelings, ideas, and experiences ○ Chooses particular movements, instruments/sounds, colours, and materials for their own imaginative purposes ○ Uses combinations of art forms, e.g., moving and singing, making and dramatic play, drawing and talking, constructing, and mapping ○ Responds imaginatively to art works and objects, e.g., this music sounds like dinosaurs, that sculpture is squishy like this (child physically demonstrates), that peg looks like a mouth ○ Introduces a storyline or narrative into their play ○ Plays cooperatively as part of a group to create, develop, and act out an imaginary idea or narrative

Birth to Five- Physical

	Moving and Handling	Health and Self-Care
<p>Range 1</p> <p>Birth- 6 months 6-12 months</p>	<ul style="list-style-type: none"> ○ Gradually develops ability to hold up own head ○ Makes movements with arms and legs which gradually become more controlled- moves hands together/ legs together ○ Follows and tracks a sound or moving object, moving head and eyes ○ When lying on back, plays with hands and grasps feet, alternating mouthing hands/ feet with focussing gaze on them, and vocalising ○ Reaches out for, touches, and begins to hold objects, developing later on into being able to release grasp ○ Rolls over from back to side, gradually spending longer on side waving upper leg before returning to back ○ Develops roll from back right through to front, gradually becoming happy to spend longer on tummy as able to lift head for longer ○ Explores objects with mouth, often picking up an object and holding it to the mouth for lips and tongue to explore (mouthing) ○ When lying on tummy becomes able to lift first head and then chest, supporting self with forearms and then straight arms ○ Starts to creep (belly crawl commando-style) from prone (on tummy) position on the floor, often moving backwards before going forwards ○ Becomes increasingly able to communicate, both expressing and responding through body movements, gesture, facial expression, and vocalisations 	<ul style="list-style-type: none"> ○ Responds to and thrives on warm, sensitive physical contact and care ○ Makes needs known through crying and body movements ○ Responds to being rocked as a means of soothing ○ Sleeps for 14 to 16 hours a day, with several short naps. Substantial sleeping is vital for processing sensory information taken in while awake ○ Responds and turns to sounds, especially voices ○ Expresses discomfort, hunger, or thirst, distress a need for holding or moving ○ Alert for periods of increasing length, Intersperse with naps ○ Anticipates food routines with interest ○ Start to move to solid feeding (current recommendations are at around six months) as well as milk ○ Communicates discomfort or distress with wet or soiled nappy ○ First teeth usually appear- fast to lower incisors and then to upper incisors ○ Chews on baby toothbrush ○ Opens mouth for spoon
<p>Range 2</p> <p>6-12 months 12-18 months</p>	<ul style="list-style-type: none"> ○ Belly crawling moves into crawling up on hands and knees ○ Becomes adept at changing position from crawling to sitting in order to stop, pick up, handle, and investigate objects ○ Sits unsupported on the floor, leaving hands free to manipulate objects with both hands ○ Picks up object in palmar grip and shakes, waves, bangs, pulls and tugs them between two hands while looking at them ○ Enjoys finger and toe rhymes and games ○ Pulls to standing from crawling, holding onto furniture or person for support ○ Walks around furniture lifting one foot and stepping sideways (cruising) ○ Starts walking independently on firm surfaces and later on uneven surfaces ○ Points with first finger, sharing attention with adult ○ Starts to throw and release objects overarm ○ Enjoys the sensory experience of making marks in food, damp sand, water, mud, paste or paint 	<ul style="list-style-type: none"> ○ Sleeps for 11 to 15 hours a day with at least two naps ○ Self-soothes and is able to drop off to sleep when conditions are right for them ○ Expresses feelings and communicates through gesture, facial expression, movements, body language and vocalisations (such as joy, distress, frustration, and fear) ○ Shows rapid changes in energy levels, from highly active to a sudden need for adult support in order to restore equilibrium ○ Grasps finger foods and brings them to mouth and shares control of spoon and bottle or cup, moving towards independence with support ○ Attentive to sounds in the environment, even at distance and overhead, often pointing, vocalising, and sharing attention with adults ○ Interested in making and exploring sounds with objects ○ Generally, has up to 12 teeth willing to allow baby toothbrush to be used on teeth ○ Can actively cooperate with nappy changing, dressing/undressing ○ Starts to communicate regarding urination and bowel movement

	<ul style="list-style-type: none"> ○ Pushes, pulls, lifts, and carries objects, moving them around and placing with intent ○ Climbs inside, underneath, into corners and between objects ○ Manipulates objects using hands singly and together, such as squeezing water out of a sponge 	
<p>Range 3</p> <p>18-24 months</p>	<ul style="list-style-type: none"> ○ Develops security in walking upright using feet alternatively and can also run short distances ○ Walks upstairs facing forwards holding rail or hand of adult, with both feet onto a single step at a time ○ Changes position from standing to squatting and sitting with little effort ○ Participates in finger and action rhymes, songs, and games, imitating the movements and anticipating actions ○ Hands start to operate independently during a task that uses both, with each hand doing something different at the same time (e.g., holding a block in one hand and steadying the other block with the other hand) ○ Shows interest, dances, and sings to music rhymes and songs, imitating movements of others ○ Can walk considerable distance with purpose, stopping, starting, and changing direction ○ Looks closely at small items and creatures, and can also see items at substantial distance, comfortably changing focus from one to the other ○ When holding crayons, chalks etc, makes connections between their movement and the marks they make ○ Uses gesture and body language to convey needs and interests and to support emerging verbal language use 	<ul style="list-style-type: none"> ○ Sleeps for 12 to 14 hours a day with one/two naps. Daytime sleeping continues to be important for healthy development ○ Highly active in short bursts, with frequent and sudden need for rest or withdrawal ○ Enjoys hugs and cuddles and seeks comfort from attachment figure when they feel the need ○ Uses physical expression of feelings to release stress ○ Generally, has up to 16 teeth- helps adult with brushing teeth ○ Intentionally makes sounds with objects and actively responds to music and singing with whole body dancing ○ Develops own likes and dislikes in food and drink, willing to try new food textures and tastes ○ Shows interest in indoor and outdoor clothing and shoes/wellington's ○ Clearly communicates wet or soiled nappy or pants, showing increasing awareness of bladder and bowel urges ○ Helps with dressing/undressing and care routines, enjoying the rituals established for hand washing and teeth cleaning ○ Feeds self with increasing need to be in control and holds cup with both hands, drinking without much spilling
<p>Range 4</p> <p>24-36 months</p>	<ul style="list-style-type: none"> ○ Sits up from lying down, stands up from sitting and squats with steadiness to rest or play with object on the ground, and rises to feet without using hands ○ Sits comfortably on a chair with both feet on the ground ○ Runs safely on whole foot ○ Moves in response to music, or rhythms played on instruments such as drums or shakers ○ Jumps up into the air with both feet leaving the floor and can jump forward a small distance ○ Begins to walk, run, and climb on different levels and surfaces ○ Begins to understand and choose different ways of moving ○ Kicks a stationary ball with either foot, throws a ball with increasing force and accuracy and starts to catch a large ball by using two hands and their chest to trap it ○ Climbs up and down stairs by placing both feet on each step while holding a handrail for support 	<ul style="list-style-type: none"> ○ Very energetic in short bursts and needs time for rest and calm with at least three hours of a day of exercise including moderate to vigorous intensity physical activity, spread throughout the day ○ Needs to sleep for 10 to 13 hours in a 24 hour, which may include a nap, with regular sleep and wake times ○ Feeds self competently ○ Can hold a cup with two hands and drink well without spilling ○ Develops some independence in self-care and shows an awareness of routines such as hand washing or teeth cleaning but still often needs adult support ○ Develops increasing understanding of and control of the bowel and bladder urges and starts to communicate their need for the preferred choice of potty or toilet ○ Able to help with and increasingly independently put on and take off simple clothing items such as hats, unzipped jackets, wellington boots ○ Begins to recognise danger and seeks the support and comfort of significant adults

	<ul style="list-style-type: none"> ○ Uses wheeled toys with increasing skill such as pedalling, balancing, holding handlebars and sitting astride ○ May be beginning to show preference for dominant hand and/or leg/foot ○ Turns pages in a book, sometimes several at once ○ Shows increasing control in holding, using, and manipulating a range of tools and objects such as tambourines, jugs, hammers, and mark making tools ○ Holds mark-making tools with thumb and all fingers 	<ul style="list-style-type: none"> ○ Can increasingly express their thoughts and emotions 3 words as well as continuing to use facial expressions
<p>Range 5</p> <p>36-48 months</p>	<ul style="list-style-type: none"> ○ Climbs stairs, steps, and moves across climbing equipment using alternate feet. Maintains balance using hands and body to stabilise ○ Walks down steps or slopes whilst carrying a small object, maintaining balance and stability ○ Runs with spatial awareness and negotiates space successfully, adjusting speed or direction to avoid obstacles ○ Can balance on one foot or in a squat momentarily, shifting body weight to improve stability ○ Can grasp and release with two hands to throw and catch a large ball, beanbag, or an object ○ Creates lines and circles pivoting from the shoulder and elbow ○ Manipulates a range of tools and equipment in one hand, tools include paintbrushes, scissors, hairbrushes, toothbrushes, scarves, or ribbons 	<ul style="list-style-type: none"> ○ Can tell adults when hungry, full up or tired or when they want to rest, sleep or play ○ Observes and can describe in words or actions effects of physical activity on their bodies ○ Can name and identify different parts of the body ○ Takes practical action to reduce risk, showing their understanding that equipment and tools can be used safely ○ Can wash and dry hands effectively and understands why this is important ○ Willing to try a range of different textures and tastes and expresses a preference. Can name and identify different parts of the body ○ Observes and controls breath, able to take deep breaths, scrunching and releasing the breath ○ Can mirror the playful actions or movements of another adult or child ○ Working towards a consistent, daily pattern in relation to eating, toileting and sleeping routines and understands why this is important ○ Gains more bowel and bladder control and can attend to toileting needs most of the time themselves ○ Dresses with help, e.g., Puts arms into open fronted coat or shirt when held up, pulls up in trousers, and pulls up zipper once it is fastened at the bottom
<p>Range 6</p> <p>48-60 months 60-71 months</p>	<ul style="list-style-type: none"> ○ Chooses to move in a range of ways, moving freely and with confidence making changes to body shape, position, and pace of movement such a slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding, and hopping ○ Experiments with different ways of moving, testing out ideas and adapting movements to reduce risk ○ jumps off an object and lands appropriately using hands, arms, and body to stabilise and balance ○ Negotiates space successfully when playing racing and chasing games with other children, adjusting speed, or changing direction to avoid obstacles ○ Travels with confidence and skill around, under, over and through balancing and climbing equipment ○ Shows increasing control over an object in pushing, patting, throwing, catching, or kicking it ○ Uses simple tools to effect changes to materials 	<ul style="list-style-type: none"> ○ Eats a healthy range of foodstuffs and understands need for variety in food ○ Describes a range of different food textures and tastes when cooking and notices changes when they are combined or exposed to hot and cold temperatures ○ Describes physical changes to the body that can occur when feeling unwell, anxious, tired, angry, or sad ○ Can initiate and describe playful actions or movements for other children to mirror and follow ○ Has established a consistent, daily pattern in relation to eating, toileting, and sleeping routines and can explain why this is important ○ Usually dry and clean during the day ○ Shows some understanding that good practises with regard to exercise, eating, drinking water, sleeping and hygiene can contribute to good health ○ Shows understanding of the need for safety when tackling new challenges, and considers and manages some risks by taking independent action or by giving a verbal warning to others

- Handles tools, objects, construction, and malleable materials safely and with increasing control and intention
- Shows a preference for a dominant hand
- Begins to use anticlockwise movement and retrace vertical lines
- Begins to form recognisable letters independently
- Uses a pencil and holds it effectively to form recognisable letters, most of which are correctly formed

- Shows understanding of how to transport and store equipment safely
- Practices some appropriate safety measures without direct supervision, considering both benefits and risk of a physical experience